

BLS-AED-SRC Algorithm 2025



Rapid security control of the environment



Unresponsive person



Shout for help
Call 144
Get, or send for, an **AED**



Open the airway
Absent or abnormal breathing



Start BLS
30 chest compressions
followed by **2** rescue breaths



As soon as AED arrives
switch it on and **follow instructions**



Continue CPR until EMS /
resuscitation team arrives



Chest compressions

- Pressure point in the center of the chest
- 100-120/ min
- 5-6 cm
- Complete release
- Minimal interruptions
- Hard surface if possible

Children

- If no mobile phone available,
1 minute CPR before alerting
- Start with 5 ventilations
- Ratio 15:2
- Chest compressions
1/3rd depth of chest